

Ski Holiday Information



We are pleased to have received your application and deposit. We are glad that you have decided to join us for this holiday, and anticipate an exciting time away together.

Documents

Please check that you have a British passport which will be valid for 3 months beyond the end of the holiday. If you are not a British National, please check whether you need a visa for France, Belgium, Luxembourg or Switzerland.

Insurance

You will need to arrange an insurance policy for your holiday. Please read the policy carefully to ensure it has appropriate cover for you, taking into account any pre-existing medical conditions, winter sports and Covid-19.



Ski Clothing

Do consider borrowing, if you are new to skiing, or still growing.

- you will need a ski helmet
- ski jacket and trousers
- layers are best as it could be very cold or quite warm
- ski socks, gloves/mittens, ski goggles/sun glasses, warm hat
- high factor sun cream and lip protection
- water bottle
- small rucksack for carrying lunch, spare clothes, etc.



Getting Fit

This is very important for your enjoyment and safety during the week. Skiing is a very physically demanding sport, and even more so when learning to ski. Being fit will help you enjoy and progress each day and may even save you from injury. Start a get fit programme, eg. go swimming, walking, or running, practise standing up from the ground and maybe lose weight.



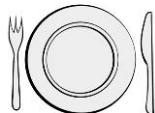
Artificial Snow Skiing

If you have never skied before we would encourage you to take a course at an artificial snow slope. This will make a big difference to your progress once on the holiday.



Special Diets

We want everyone to be well fed and the catering to run as smoothly as possible. If you have any special dietary requirements, please let us know in writing. We are not able to fully cater for very restricted diets, as our kitchen facilities are limited.



Final Payment

The balance of your payment is due two months before the holiday, we do not usually send out a reminder for this.



Inviting Friends

There is an introductory discount we offer to you for bringing new friends. Check the details of this on our website.



This should have all the information you need for now. Trip specific details will be emailed to you and published on our website about 4 weeks before the holiday. Meanwhile, if you have any questions please call 01753 880753.

Sian, Clive & Ruth
Gold Hill Holidays